

# Abby Person

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## Education

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**University of Minnesota—University Honors Program**, *September 2017 - May 2021*

- Bachelor of Arts, Psychology, Summa Cum Laude, GPA: 4.0

**University of Amsterdam**, *September 2019 - December 2019*

- Social and Behavioral Sciences Program

## Grants & Awards

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- University of Minnesota Department of Psychology Graduate Fellowship
- Top University of Minnesota Honors Psychology Thesis – Sharon Borine Award
- Undergraduate Research Opportunities Program Grant “Childhood Trauma and Later Sleep Outcomes: Potential Mechanisms” (June 2020; \$1,500)
- Undergraduate Research Opportunities Program Grant “Trauma History, Attachment Dimensions, and Relationship Quality” (June 2019; \$1,500)

## Professional Experience

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**Personal Research Assistant**, *March 2022 – August 2022*

*Supervisor: Dr. Ty Tashiro*

- Conducted literature reviews on a variety of topics pertaining to Dr. Tashiro’s ongoing scientific nonfiction books and opinion articles
- Synthesized findings from literature reviews and created “scientific robustness” documents detailing the practical significance of certain psychological effects

**University of Minnesota—Tobacco Research Program** Minneapolis, MN, *March 2021 – Current*

*Research Coordinator*

*Principal Investigator: Dr. Dorothy Hatsukami*

- Recruit and screen participants to assess study eligibility
- Consent participants into longitudinal, multi-site experimental study
- Schedule and administer clinical interviews
- Enter and clean data using REDCap software
- Collaborate with site licensed medical practitioner to monitor participants’ mental health
- Collect and process physiological data including blood pressure, pulse, and exhaled breath carbon monoxide

**Mind Cure**, Vancouver, British Columbia, *June 2021 – March 2022*

*Consultant*

*Supervisor: Dr. Ty Tashiro*

- Manage psychometric studies of mental health, PTSD, personality, and pain measures (survey development, item creation, MTurk oversight, code book preparation, basic statistical analysis)
- Develop documents compiling existing mental health and chronic pain measures and summarizing their respective limitations and factor structures
- Review literature and write documents outlining the associations between a variety of physiological measures (e.g., heart rate variability, sleep duration, energy expenditure), interpersonal predictors, and mental health constructs (e.g., depression)

**University of Minnesota—Stress and Trauma Research Lab** Minneapolis, MN, *September 2018 – August 2021*

*Undergraduate Research Assistant**Advisor: Dr. Patricia Frazier*

- Analyzed multivariate data using SPSS
- Developed qualitative coding schemes for multiple projects, coded participant data, and calculated Cohen's kappa reliability coefficient
- Reviewed literature, developed study, and analyzed data to produce academic manuscript (submitted for publication). Responsible for three independent research projects, including literature review, data analysis, and academic manuscript
- Supervised four undergraduate research assistants—scheduled meetings, developed meeting agendas, and delegated tasks
- Co-wrote textbook chapter describing counterintuitive post-sexual assault behaviors

**University of Minnesota–Department of Work and Organizations** Minneapolis, MN, *April 2019 – March 2021**Undergraduate Research Assistant**Advisor: Dr. Le Zhou*

- Recruited and scheduled participants
- Ran experimental studies including setting up the lab space, instructing and debriefing participants, and participant payment
- Revised in-person experimental protocol to allow for remote study participation during the COVID-19 pandemic
- Screened thousands of abstracts to identify relevant articles for methodological review and subsequently read and coded hundreds of articles along relevant dimensions (e.g., study design, outcome variables, covariates)
- Coded behavioral data and developed behavioral coding scheme

**Queue-it** Minneapolis, MN, *June 2020 – October 2020**Sales Development Intern*

- Independent data analysis (e.g., chi-square, ANOVA, regression) using Excel and R Studio
- Generated analysis questions and chose appropriate statistical tests based on available data structure
- Researched and identified new business contacts and subsidiary organizations

**University of Minnesota–Mann Eating Lab** Minneapolis, MN, *January 2020 – May 2020**Undergraduate Research Assistant**Advisor: Dr. Traci Mann*

- Ran experimental studies including setting up the lab space, instructing and debriefing participants
- Responsible for independent research project, including literature search and academic manuscript

**Teaching Experience****University of Minnesota–Department of Psychology** Minneapolis, MN, *January 2020 – May 2021**Teaching Assistant and Coordinator Assistant: “PSY 1001: Introduction to Psychology”*

- Facilitated and graded weekly asynchronous (online) discussions
- Wrote and revised new exam questions
- Responded to student queries

**University of Minnesota–Department of Family Social Science** Minneapolis, MN, *January 2019 - May 2019**Undergraduate Teaching Assistant “FSOS 1101: Intimate Relationships”*

- Facilitated weekly discussion sections
- Prepared and delivered a lecture to over 180 students

## **Community Engagement**

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### **University of Minnesota Gymnastics Club**

*Member* June 2019 – Current

### **Department of Psychology Student Advisory Council**

*Student Representative* September 2020 – May 2021

### **Minnesota Undergraduate and Academic Journal**

*Reviewer* September 2020 – May 2021

## Skills

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**Software:** R Studio, Excel, SPSS, Google suite, Qualtrics, REDCap, MTurk

**Language Skills:** Proficient in Spanish

**Writing:** Academic and creative nonfiction writing

## Publications

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**Person, A. I.,** Frazier, P. A. (2021). Strategy-situation fit vs. temporal model of control: Relations with perceived stress in college students during the COVID-19 pandemic. Manuscript submitted for publication.

Frazier, P. A., Huber, K. A., & **Person, A. I.** (accepted). Rape trauma syndrome. In *Modern scientific evidence: The law and science of expert testimony*. Thomson Reuters.

## Presentations

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**Person, A.,** Frazier, P. (2021, May 26-27). *Focus on what you can control instead of “fitting” coping strategies to stressor controllability* [Poster presentation]. Association for Psychological Science.

<https://psychologicalscience.confex.com/psychologicalscience/2021icps/meetingapp.cgi/Paper/35757>

**Person, A.,** Kaubrys, M., Frazier, P., Anders, S., Shallcross, S. (2019, August). *Childhood Maltreatment, Romantic Relationship Satisfaction, and Mental Health*, [Poster presentation]. Undergraduate Research Symposium, Minneapolis, MN.

**Person, A.,** Kaubrys, M., Nguyen-Feng, V., Frazier, P. (2020). *Trauma and Later Sleep Outcomes: Potential Mechanisms*, [Poster presentation]. Retrieved from the University of Minnesota Digital Conservancy, <http://hdl.handle.net/11299/216278>.

## Undergraduate Journal Publications and Creative Works

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**Person, A.** (2021). MURAJ: In Focus— your relationships and Covid-19. *MURAJ*, 4(2). <https://pubs.lib.umn.edu/index.php/muraj/article/view/3706/2670>

**Person, A.** (2020). Asking for a friend. *The Tower*, 14. [https://issuu.com/ivorytower/docs/2020\\_the\\_tower\\_umn/s/10480882](https://issuu.com/ivorytower/docs/2020_the_tower_umn/s/10480882)